BSI Seiling - Club Presentation

Who we are

A sailing club for students++ in Bergen
…~70 sailors, both new and experienced
…15 skippers and 9 board members
…3 boats (plus a container)
…harbor right outside the city center (Laksevåg)

Schmelnick X

Boat class: **Albin Express**

…26 feet (7.77 metres)

…built 1979-1982 in Sweden

…easy to sail

…fast! popular regatta boat

…outboard engine (6 hp)

Juli
Albin Express

Bella

Boat class: **Albin Delta**

…31 feet (9.35 metres)

…built 1984-1986 in Sweden

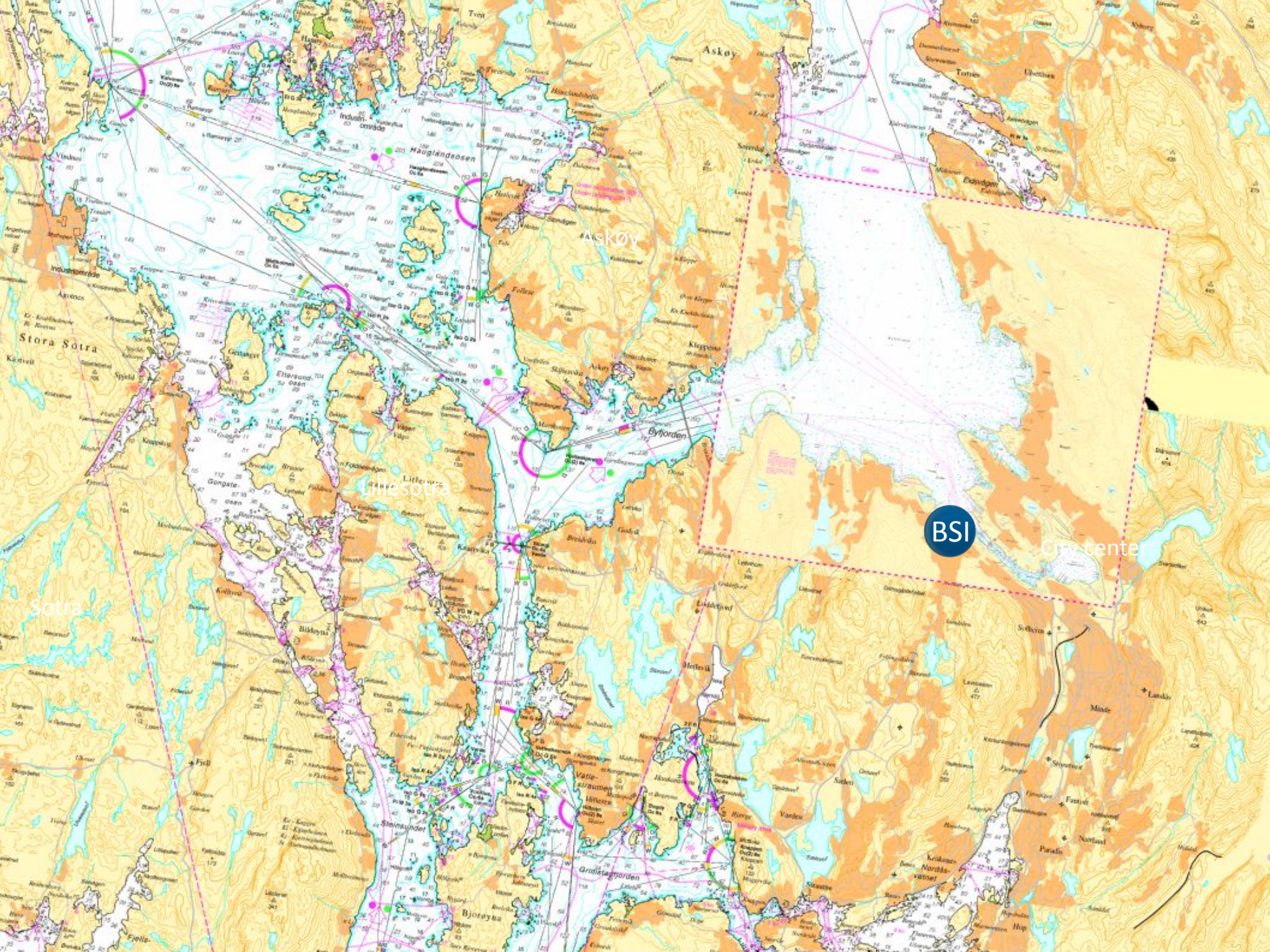
…easy to sail

…equipped with kitchen & toilet

…great tour boat for day and overnight trips

…inboard engine (20 hp)

our boats at
Merkur Marina, Laksevåg
Kirkebukten
Merkur båtforening
11 min
750m
Damsgårdsveien
Laksevåg
Kulturhistoriske forening
Alléen
Damsgårdsveien
Damsgårdsveien
Fyllingsveien
8 min
500m
582
Esso
Alléen
Fyllingsveien
Solveien
582
Carl Konows gate
Karensfryd
Bus nr 6 from the city center
Bus nr 20 from Haukeland Hospital


Askøy
Askøy
Stora Sotra
Lillesotra
Sotra
BSI
City center

The dugnad spirit

- There is only one way our sailing club can exist
- The members have to help out
  - Something always breaks
  - The boats need to be painted
  - We always want to make them better
- 300kr refund on the membership fee

RAN weekend
Annual sailing/cabin-trip (pre/post Covid)

Practical sessions

Signing up to beginner sailings through the sailing calendar.

- The sailings are posted in the calendar in the beginning of each month. More sailings might pop up over time.
- Spontaneous sailings get announced in the Facebook group.
- Only sign up to one sailing at the time (unless there is available spots 2h before a sailing start)
- All start times are definite, **be in time**. Ending time is estimated and can vary, so don't make plans for right after the sailing.
- Cancellation through the calendar up till 5h before the sailing. (**call** your skipper if you cannot go after that, or you're running late)

We will be signing up to beginner sailings at the end of todays course.

What do you need to bring?

- It’s usually colder out on the fjord than in the city center. Bring an extra pullover. It is hard to put on clothes you forgot to bring along…
- Bring a hat. Most body heat is lost through your head
- If it’s raining: rain gear, woollen clothes and socks, rubber boots
- If it’s sunny: sunglasses, a cap, swimsuit
- Snacks and water or hot drink

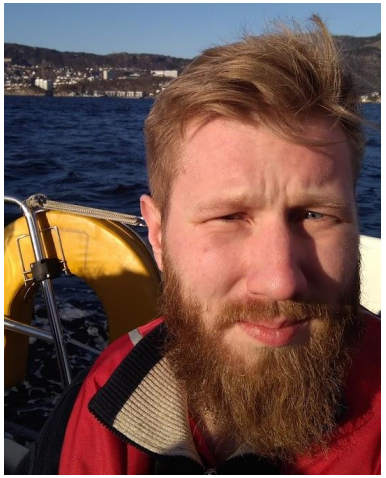
bCL PHOTOGRAPHY

The Board

Olga Barduk
President

Tora Nitter
Vice President

Natacha Fabregas
Treasurer



Freddy Bengtsson
Social & Event Manager

Basile
Boat manager - Schmelnick

Laura Gaiger
Communications manager

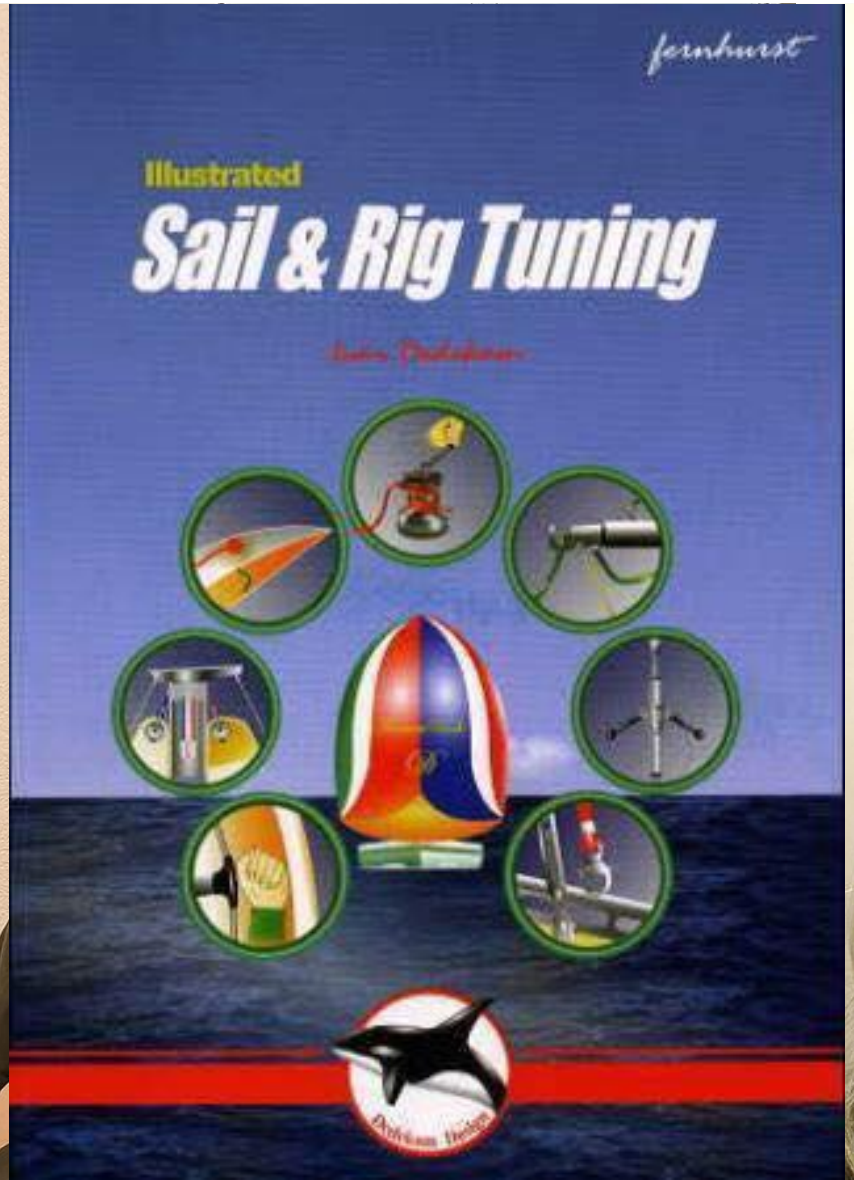
Emmanuel Arrighi
Skipper manager

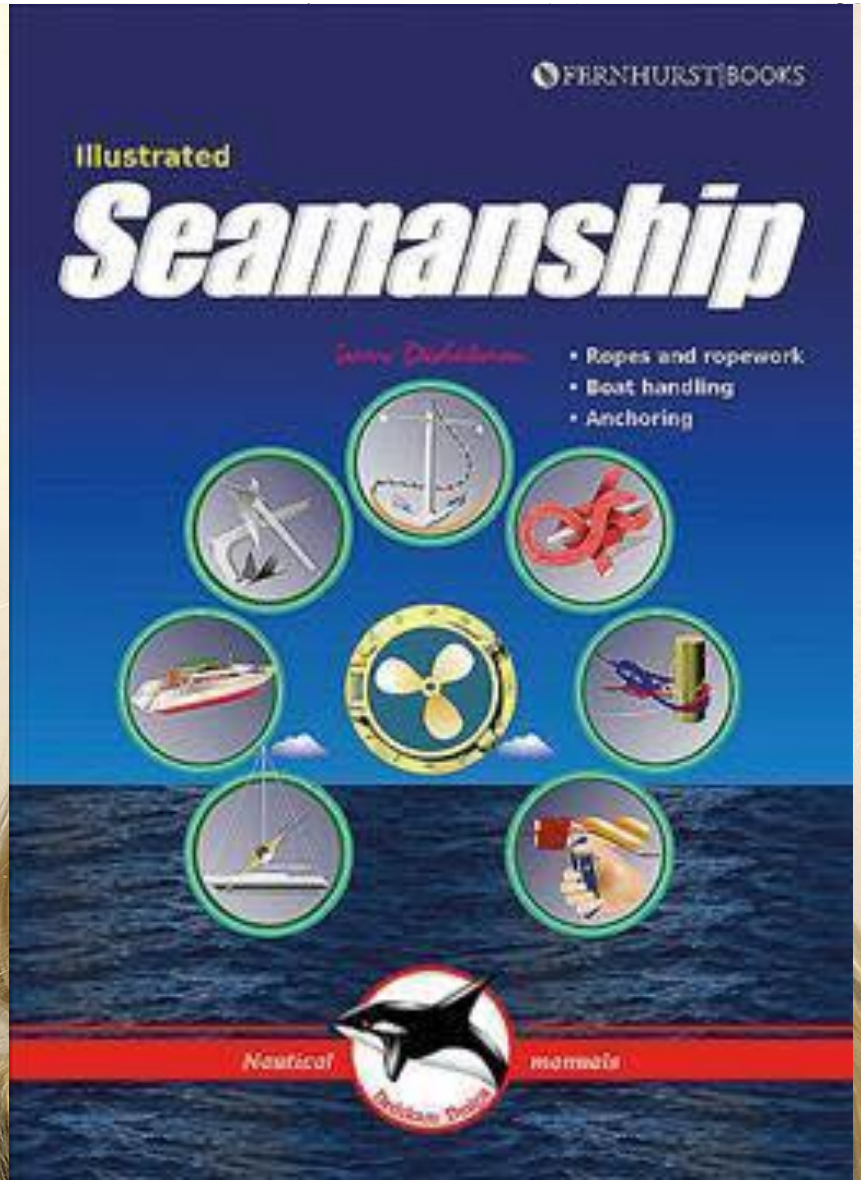
Juan Manuel Romero
Boat manager - Juli

Malin Lundholm
Boat manager - Bella

The BSI Seiling webshop

The best source of sailing fashion and knowledge





That’s it!

Thank you for your attention!

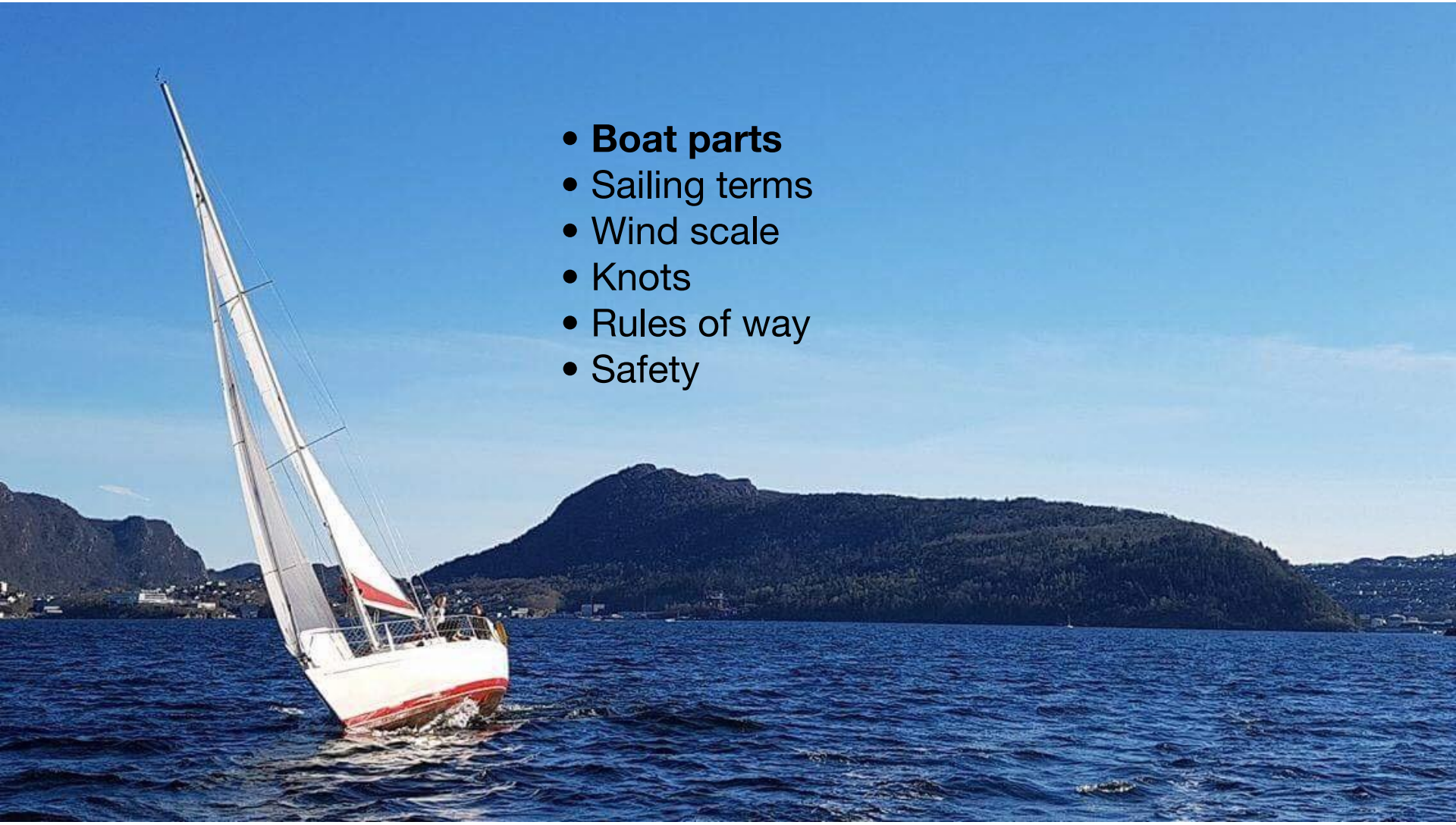
Good luck!

BSI Seiling - Beginner Course

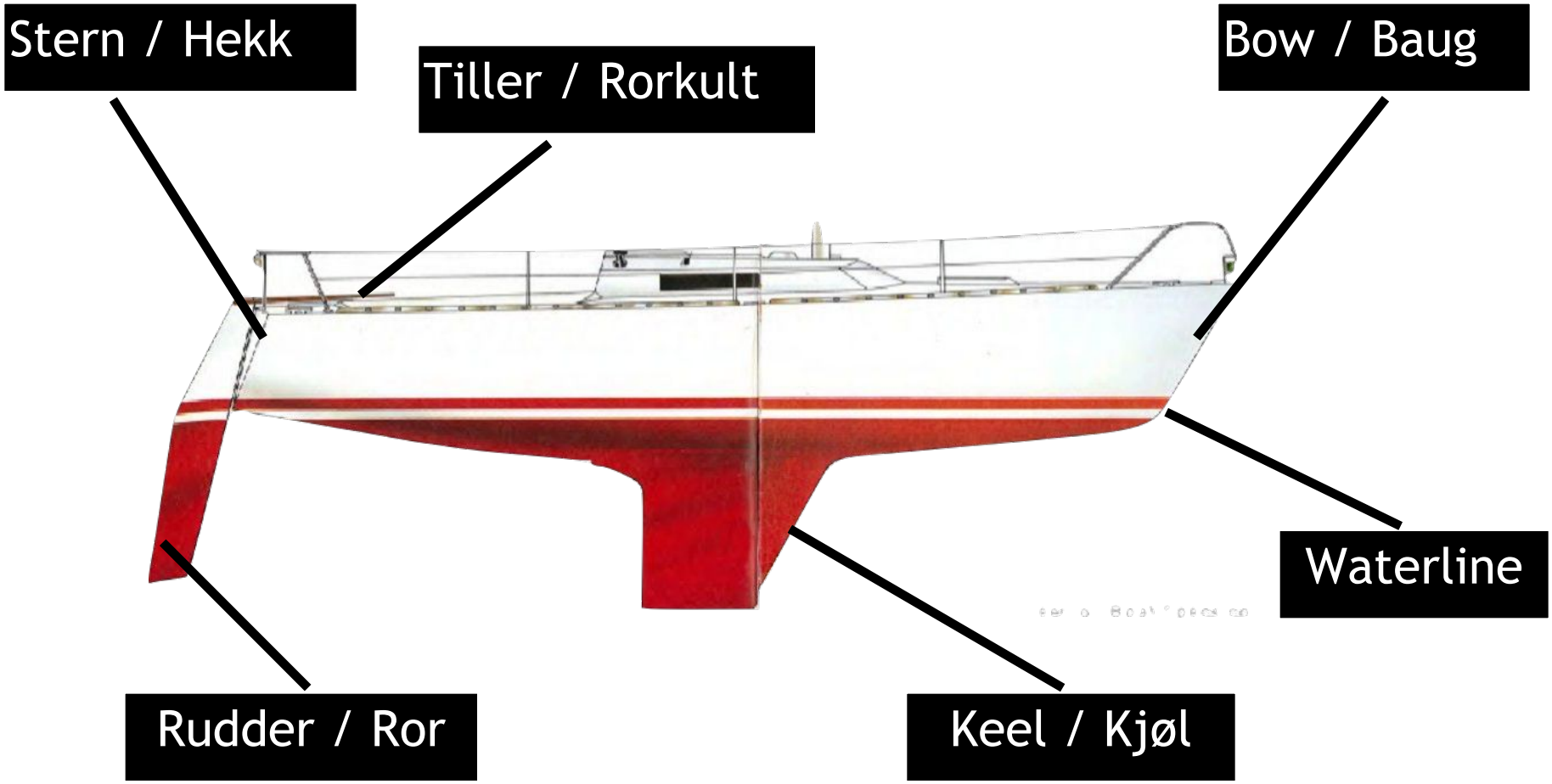
- Also see our website bsiseiling.no

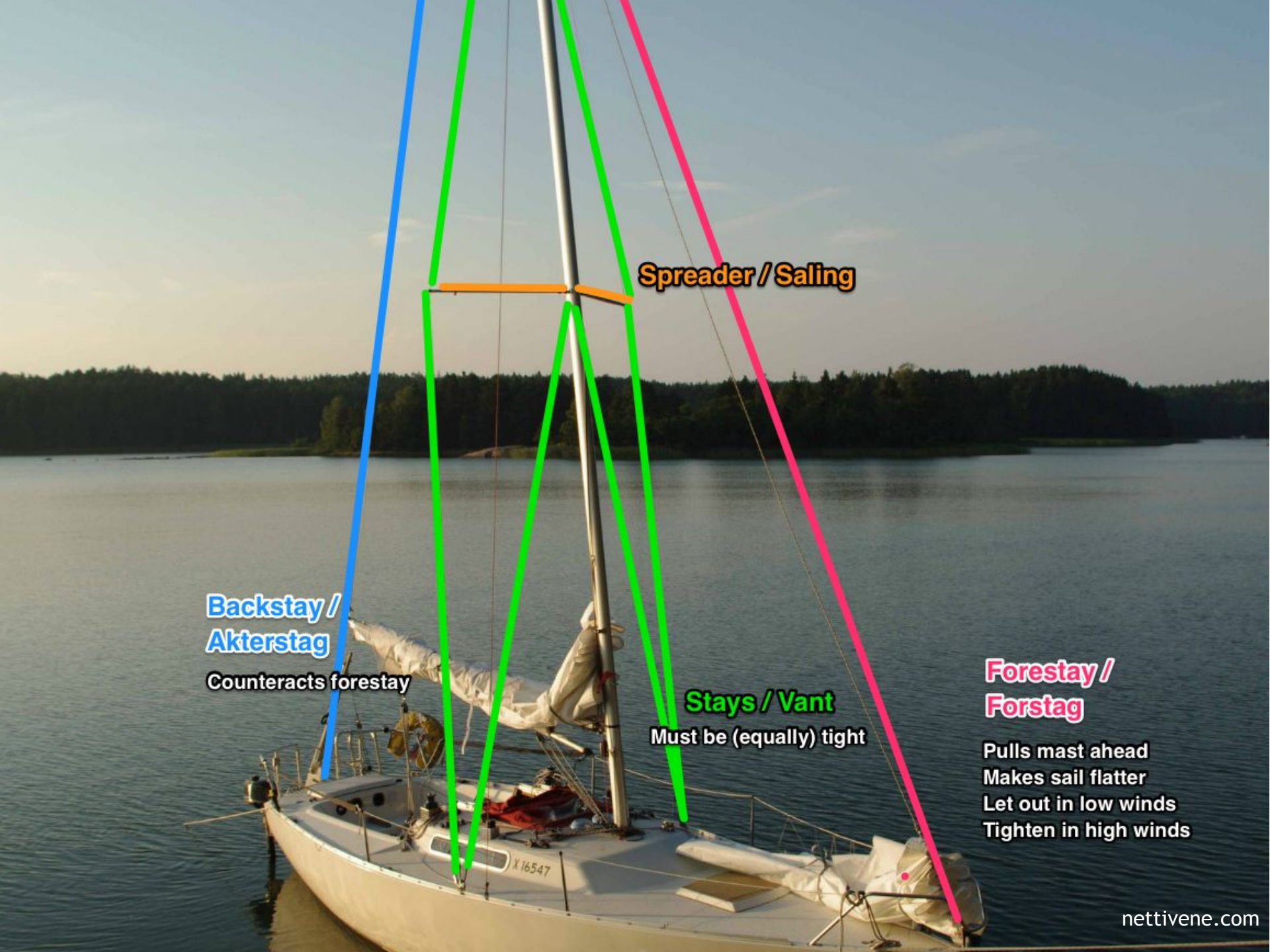
© Vegard Guttormsen, Susanne Balzer, Clémentine Le Moal, Emiel Furniere, Freddy Bengtsson

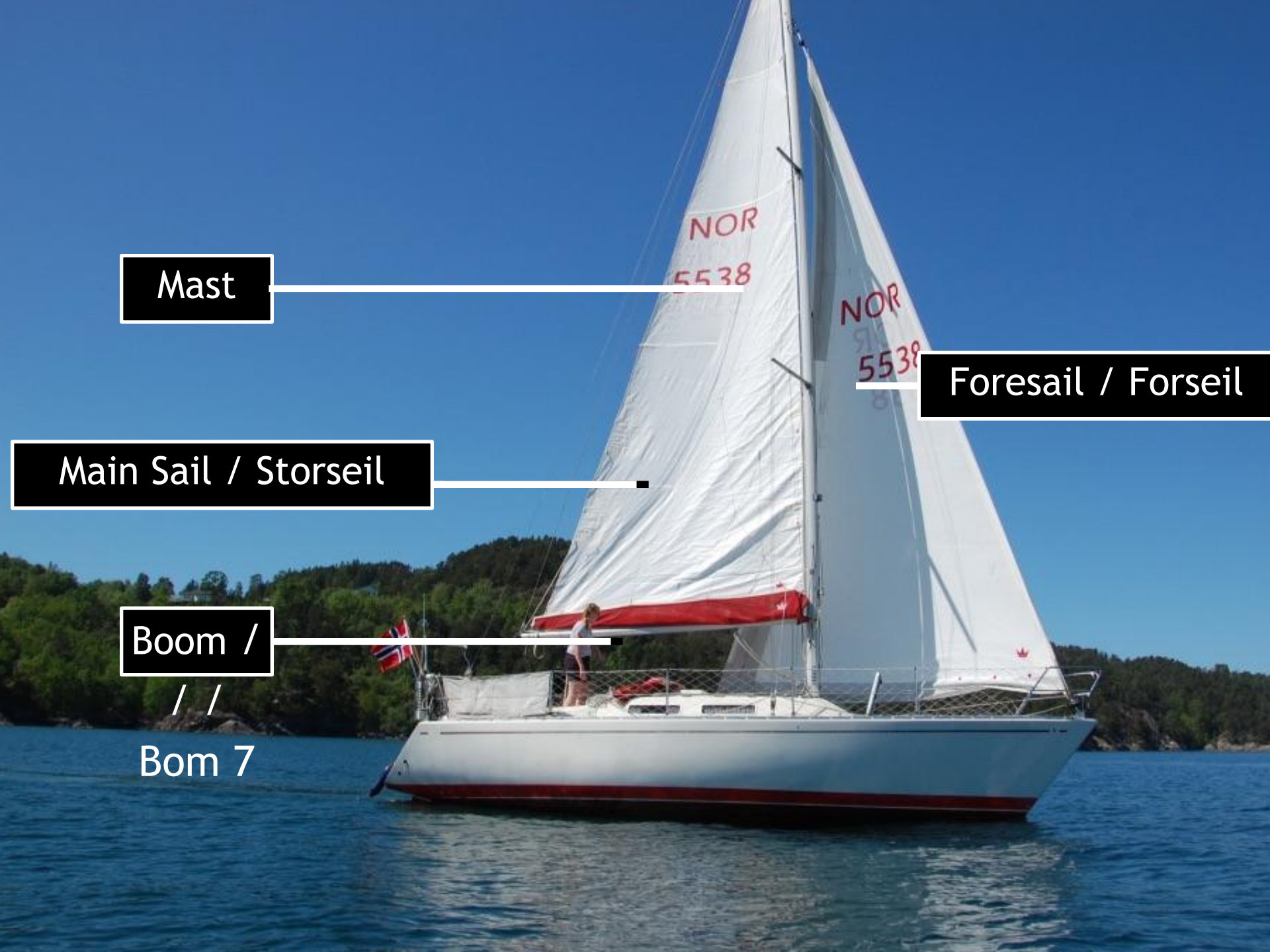
Agenda



- **Boat parts**
- Sailing terms
- Wind scale
- Knots
- Rules of way
- Safety


Stern / Hekk
Tiller / Rorkult
Bow / Baug
Waterline
Rudder / Ror
Keel / Kjøl


Spreader / Saling
Backstay / Akterstag
Counteracts forestay
Stays / Vant
Must be (equally) tight
Forestay / Forstag
Pulls mast ahead
Makes sail flatter
Let out in low winds
Tighten in high winds
X 16547
nettivene.com

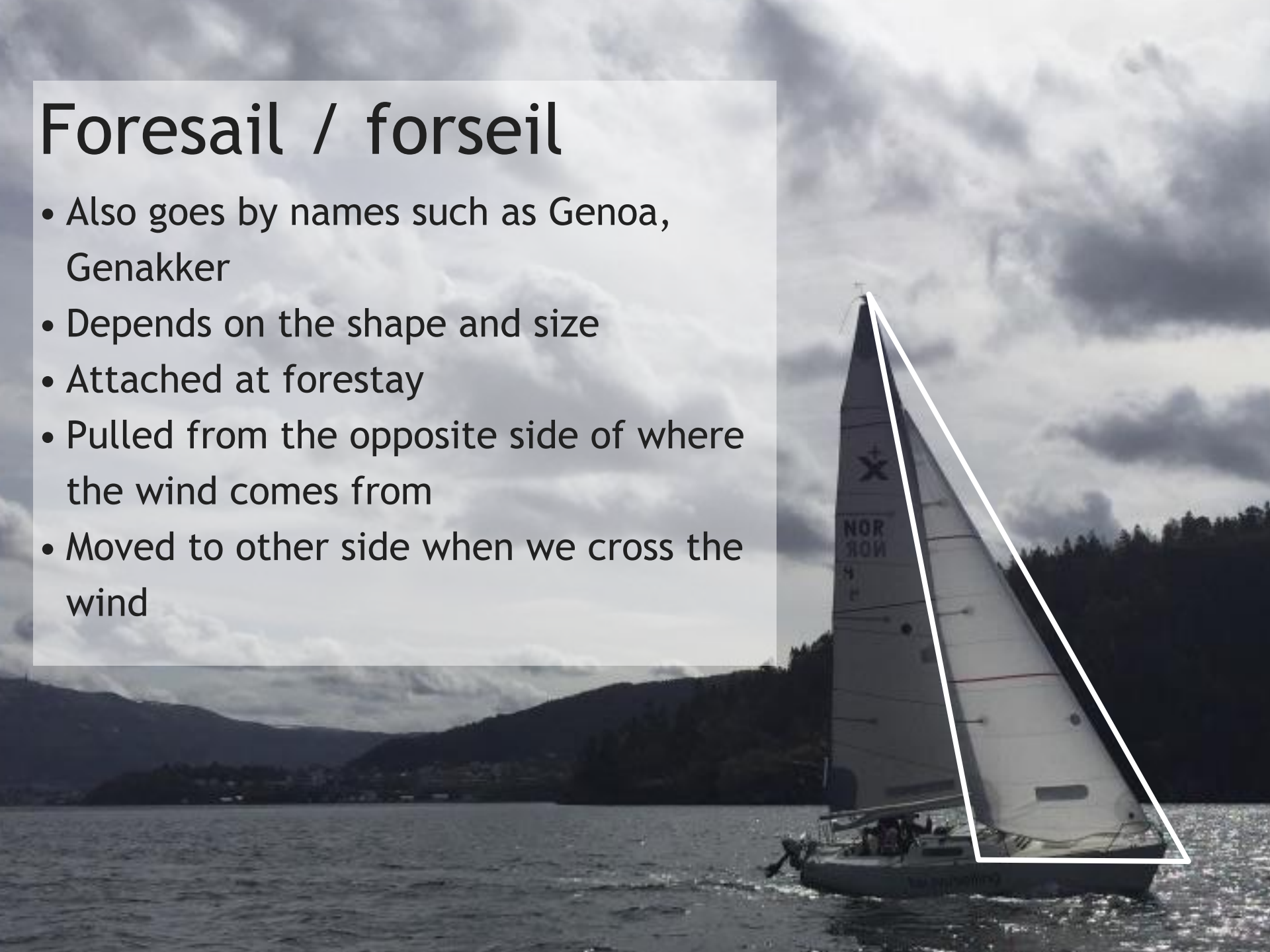

Mast
Foresail / Forseil
Main Sail / Storseil
Boom / / Bom 7

Main sail / Storseil

- Aft of the mast
- Looks and behaves like a wing
- Lots of adjustments
- Hoisted with main sail fall
- Adjusted sideways with main sheet

Foresail / forseil

- Also goes by names such as Genoa, Genakker
- Depends on the shape and size
- Attached at forestay
- Pulled from the opposite side of where the wind comes from
- Moved to other side when we cross the wind



Spinnaker

- Balloon-shaped sail
- Can only push us downwind
- Takes some time to get used to
- Not used that often

Foresail halyard
Forseilsfall
Foresail sheet
Forseil-skjøte
Main halyard
Storseilfall

[WHY use a winch]

[HOW to use a winch]

Agenda

- Boat parts
- **Sailing terms**
- Wind scale
- Knots
- Rules of way
- Safety

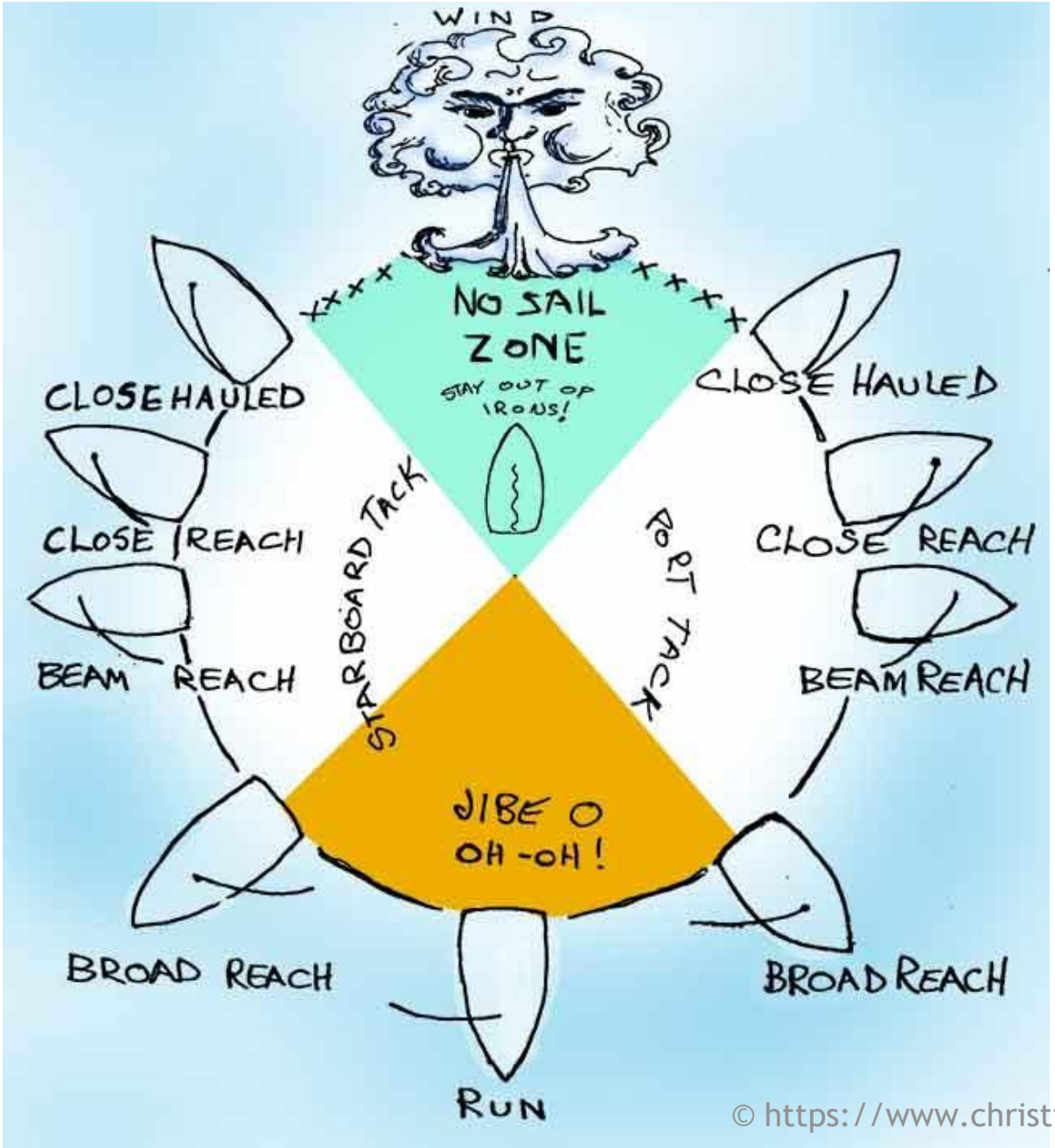
Points of sail

kryss

slør

rom slør

lens



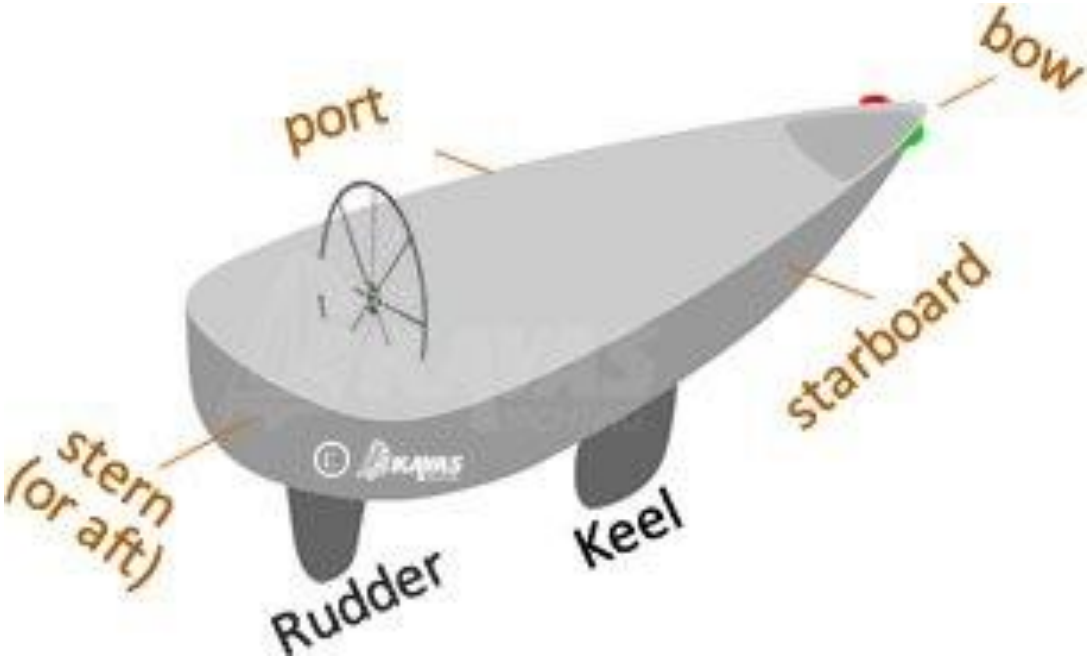
kryss

slør

rom slør

© https://www.christinedemerchant.com

Port / babord and Starboard / styrbord



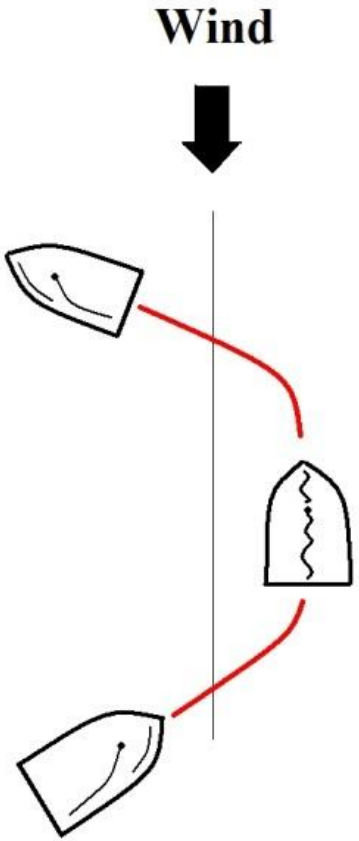
© https://www.kanvas.com

To tack / å slå

Turning the boat **with** the wind to the opposite tack

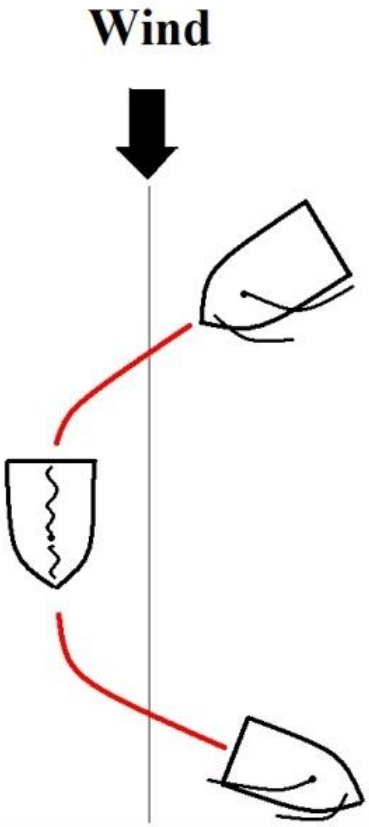
To gybe / å jibbe

Turning the boat **against** the wind and to the opposite tack



Starboard tack / *Styrbord halser*

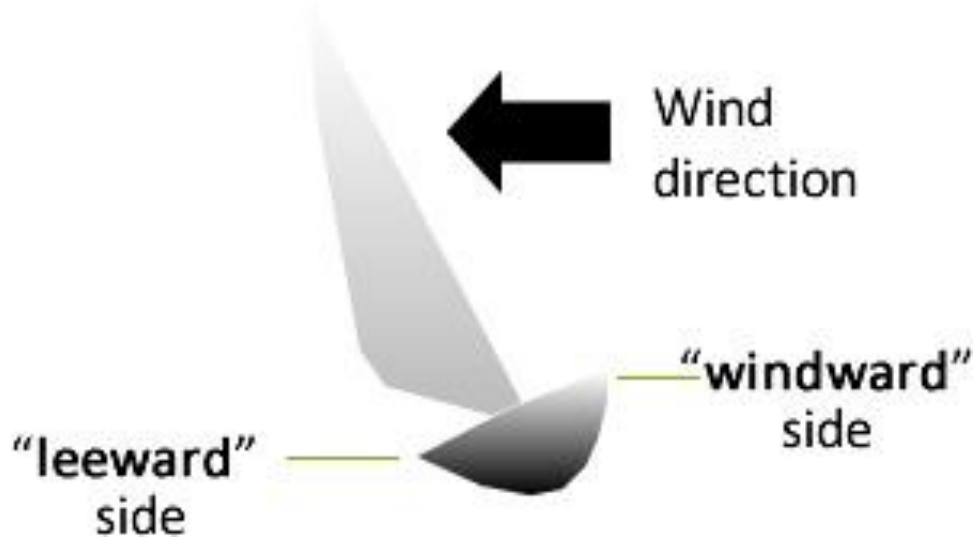
Port tack / *Babord halser*



© https://www.gosailing.info

https://www.youtube.com/watch?v=7ljQntS8cqk&list=PLuCYSdFgiH09lfQqAiOyT82625aF02wpa

Winward / lo and leeward / le



Leeward side/le : the side of something (boat, buoy, …) sheltered or away from the wind.

Winward side/ lo : the side of something (boat, buoy, …) that faces the wind.

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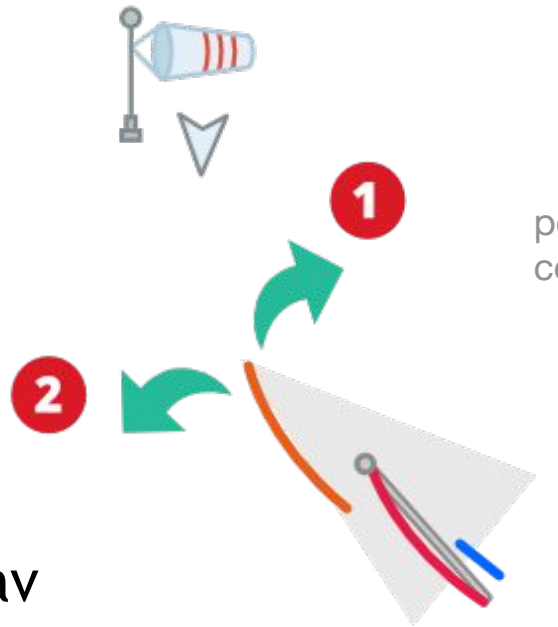
Height / Høyde

Angle relative to the wind

Against the wind is high, away from the wind is low



Loffe / Skjære opp

Stearing more towards the point from which the wind comes.

Gaining more height

Bearing away / Falle av

Stearing lower, more away from the point from which the wind comes.

Gaining less height

©http://lavoilepourlesnuls.com

Agenda

- Boat parts
- Sailing terms
- **Wind scale**
- Knots
- Rules of way
- Safety

0 m/s	Calm / Stille
1-1,5 m/s	Light air / Flau vind
1,5-3m/s	Light breeze / Svak vind
3-5 m/s	Gentle breeze / Lett bris
5-8m/s	Moderate breeze / Laber bris
8-11 m/s	Fresh breeze / Frisk bris
11-14 m/s	Strong breeze / Liten kuling
14-17 m/s	Near gale / Stiv kuling
17-21 m/s	Fresh Gale / Sterk kuling
21-24m/s	Severe gale / Liten storm
24-30 m/s	Storm / Full storm
30+ m/s	Hurricane / Orkan

© https://en.wikipedia.org/wiki/beaufort_scale

Agenda

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- **Knots**
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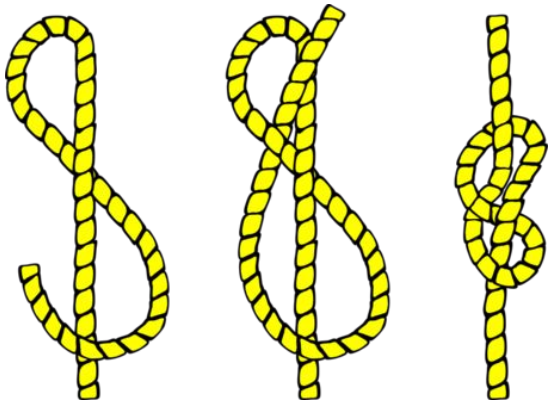
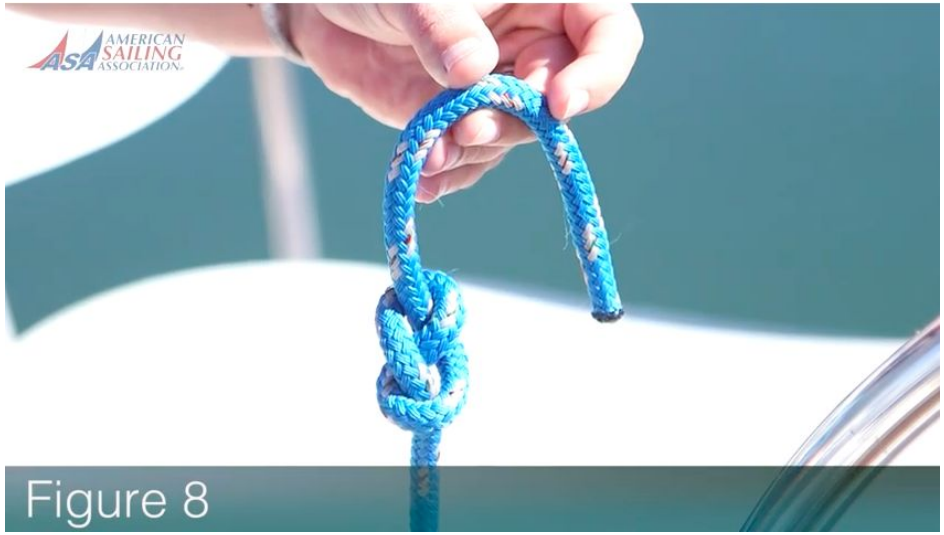
Figure of eight / Åttetallsknopp

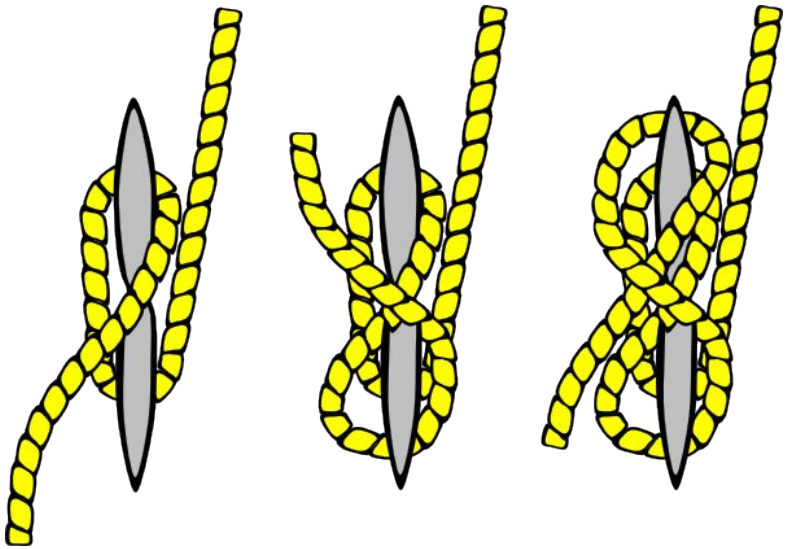
Also called Stopper knot it avoids ropes from slipping trough pulleys mainly used at the end of the sheets





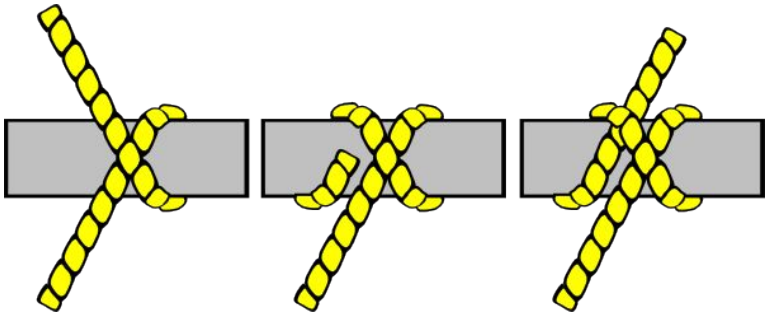
Cleat hitch

So long as there's a cleat, the cleat hitch makes sense.



Clove hitch/ Dobbel halvstikk

“fender knot” - used to attach the fender to the railing of the boat

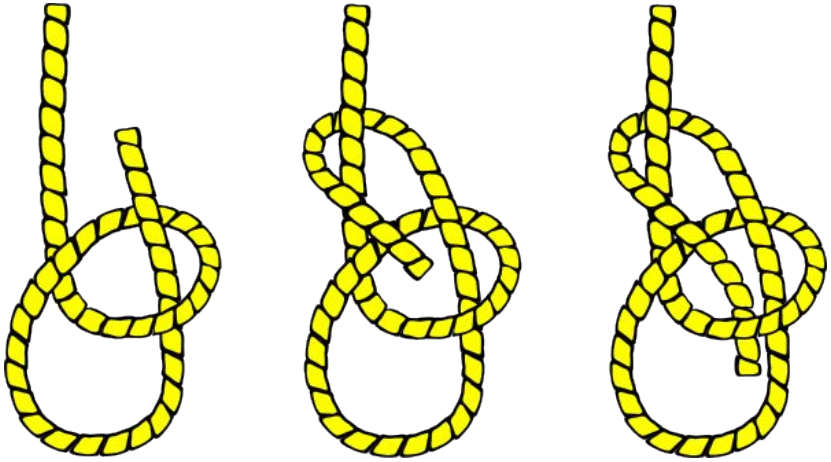


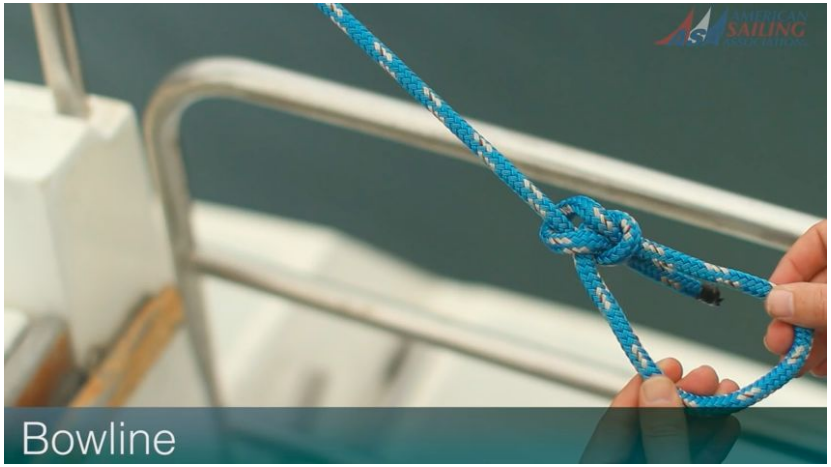
Bowline / Pålestikk

Most reliable knot, can take a lot of tension.

Used to form a fixed 'eye' at the end:

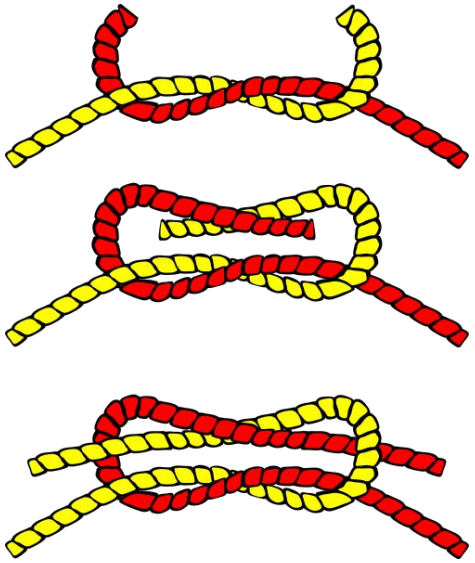
- attach foresail halyard to foresail
- attach foresail to the Cunningham
- mooring
- attach rope to the anchor chain
- rescuing a person





Square knot / Båtsmannsknop

Used to tie two ropes of the same thickness together.



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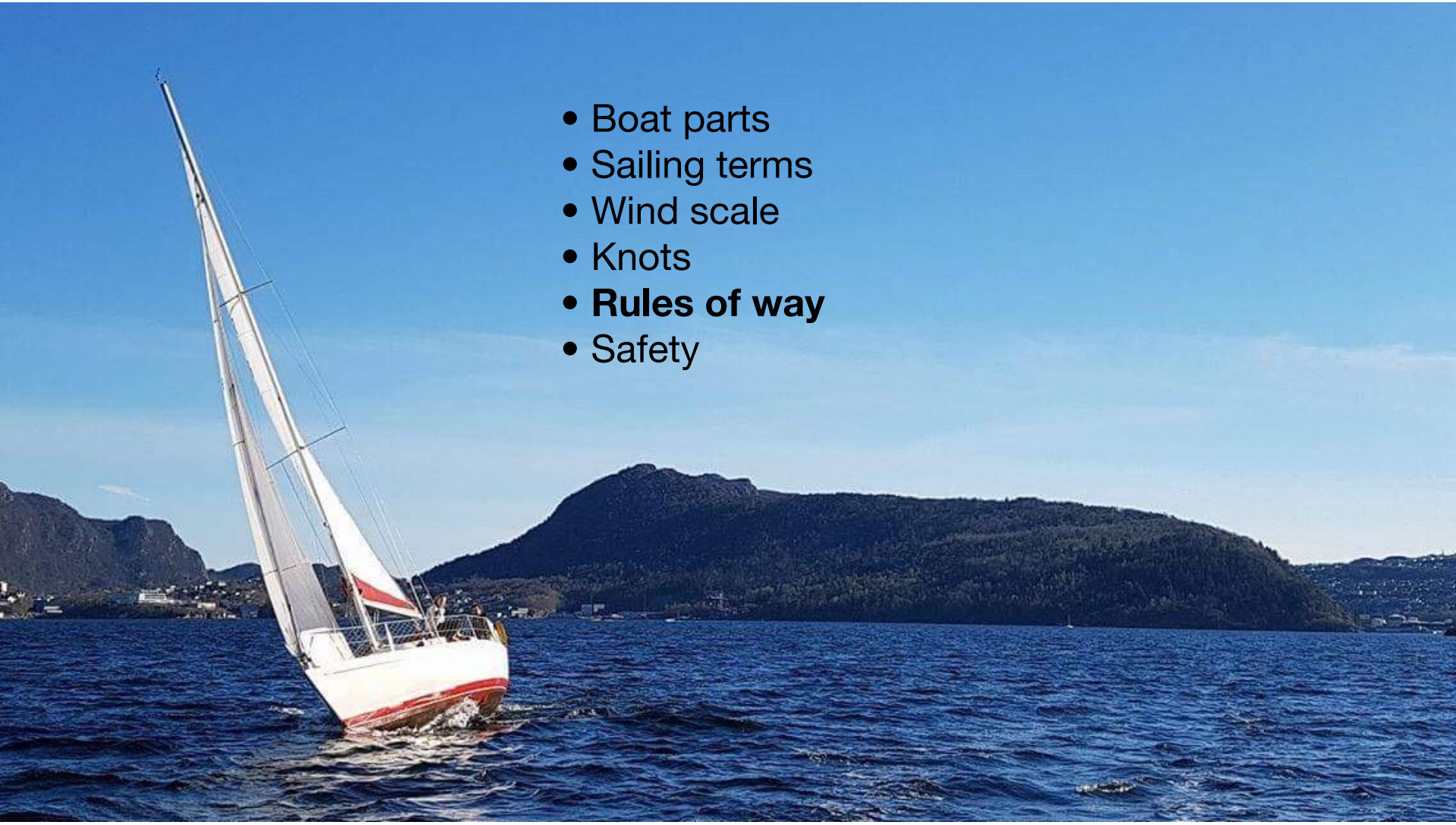


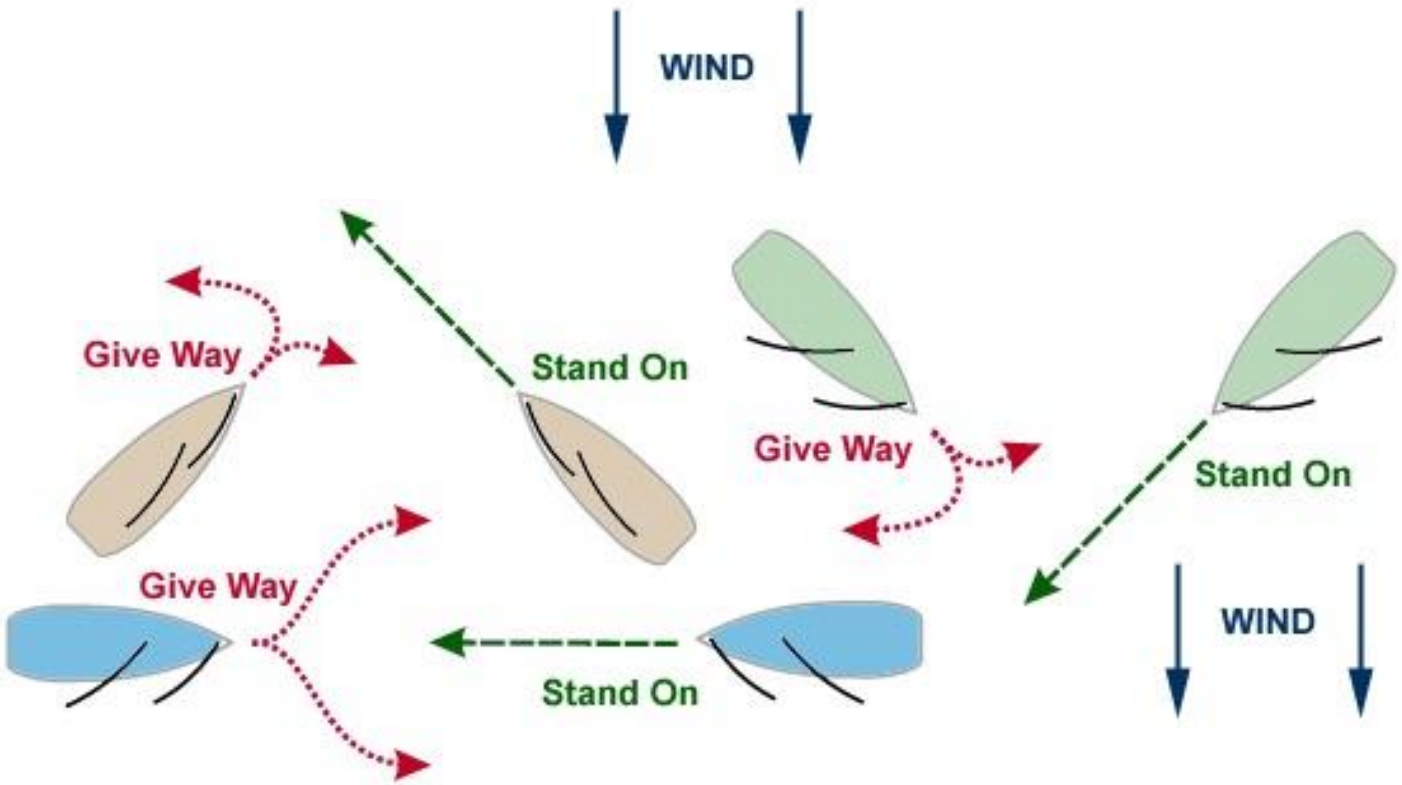
- Boat parts
- Sailing terms
- Wind scale
- Knots
- **Rules of way**
- Safety

General rules of way

- Enhanced level of responsibility
- The one with the better ability to manoeuvre must give way:
  - Motor vessel must give way to sailing vessels
  - A sailing vessel running its engine is a motor vessel !
  - Leisure vessel must give way to ”useful traffic”
- When motor vessels meet, ordinary rules of way apply
- Stay clear from big vessels - it takes them long to stop or change direction

Two boats at different tacks

Boats sailing at babord halser/port tack shall give way to boats sailing at styrbord halser/starboard tack.



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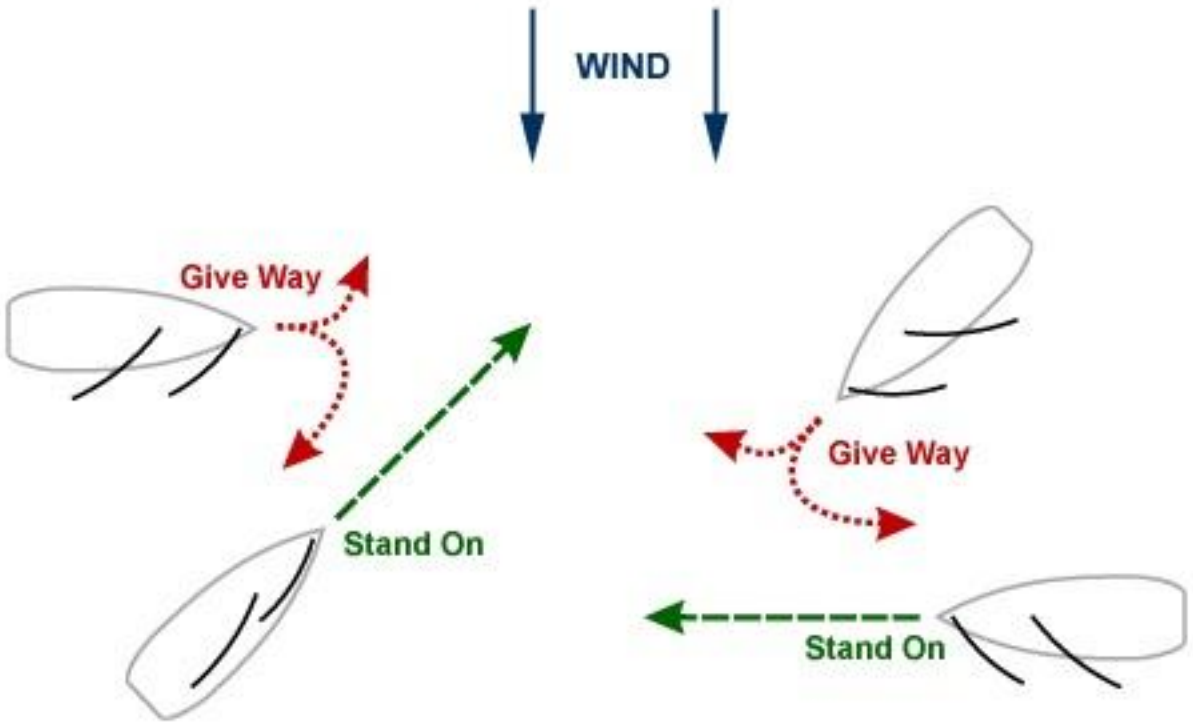
Two boats at the same tack

The windward boat must give way to the leeward boat.



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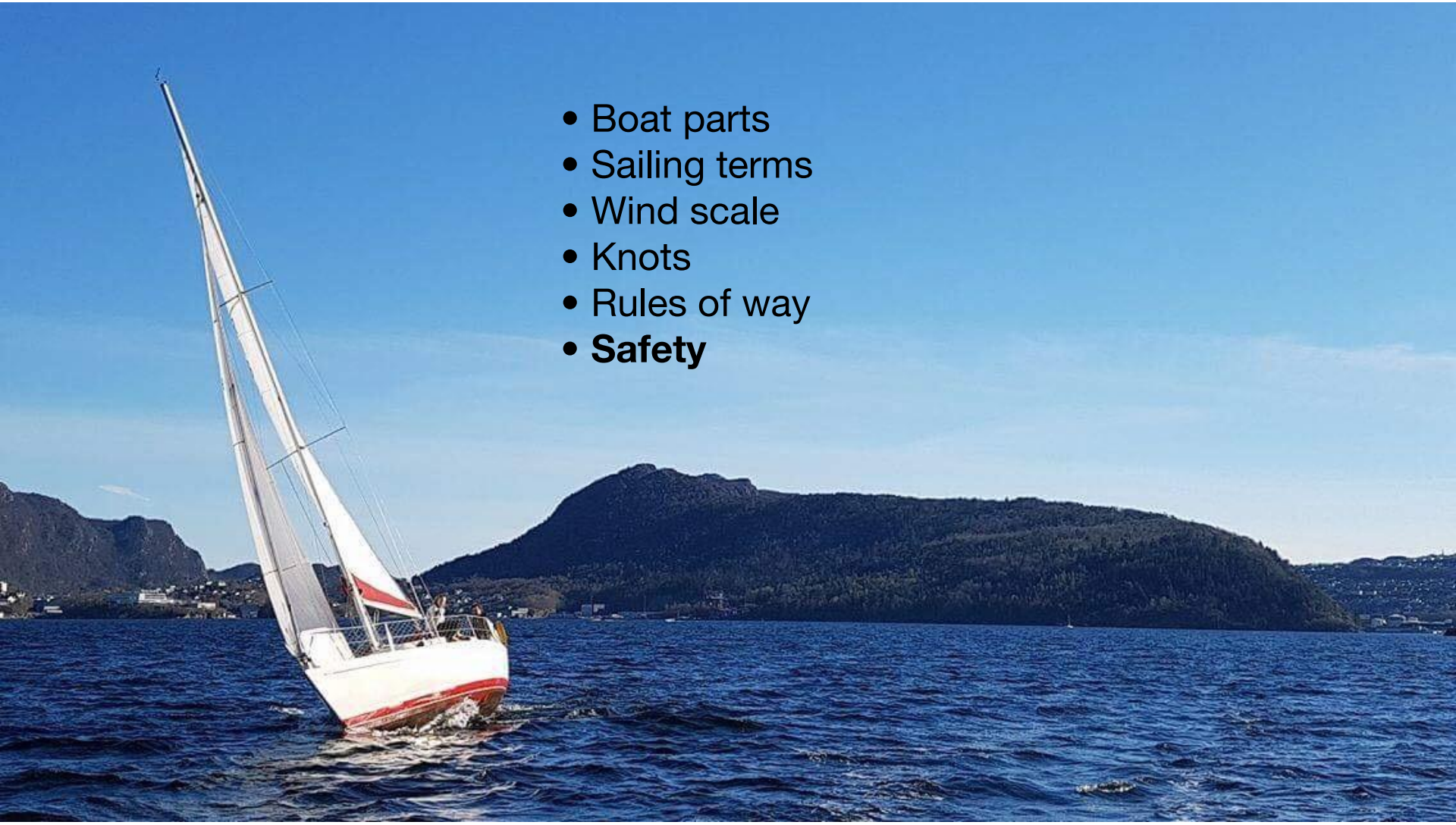
Be clear on your intention, misunderstandings can be very costly.

© Billy Black

Agenda



- Boat parts
- Sailing terms
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- **Safety**

Safety

- Sailing vests are aboard - everyone should be wearing one by the time of undocking
- Water : do not fall into it
- Bom : Serious head trauma if the main sail boom hits your head. Keep your head low when jibing! (…why do you think they call it the ‘BOOM'?)
- Ropes : DO NOT wrap rope around wrist or fingers
- Let the skipper know if you feel uncomfortable
- Harnesses should be used in bad weather and/or when there are few sailors on board.