

# BSI SEILING – SKIPPERS CERTIFICATE

Name of examine: \_\_\_\_\_ Date:

\_\_\_\_\_

Date of Birth: \_\_\_\_\_ BSI Seiling examiner:

\_\_\_\_\_

Address: \_\_\_\_\_

Mobile: \_\_\_\_\_ Email

: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Each point has to be checked off. This file is to be kept in BSI Seilings “skippers” folder.**

## **Knots:**

- Figure 8 knot
- Bowline
- Clove hitch
- Cleat hitch

## **Rigging:**

- Rigging
- Check for damages e.g. to the rigging
- Prepare sails
- Engine
- Fuel level
- Positioning of the mount
- Start/stop
- Unrigging
- Check for damages, e.g. to the rigging
- How to fold mainsail & foresail
- Clean up ropes
- Fill out the logbook
- How to leave the ship

- Engine out of the water / fuel vent closed
- Attaching the cover
- Life vests inside and on rope
- Flag inside after 21.00 (Norwegian governmental regulations)

**Manoeuvres:**

- Docking/Undocking
- Hoisting and lowering sails
- Tacking
- Gybing
- Stopping the ship/Heaving to
- Storm round -> to avoid gybing
- Man Over Board under sails

**Sail trim (list not exhaustive) :**

- Sheet adjustments, telltales, luff & telltales on main sail, travellers, kick, cunningham, outhaul.

**Docking:**

- Assessment/Planning for all possible problems
- Briefing the crew on your docking plan/emergency procedures
- Under engine/sails (in Merkur, by engine as long as engine works)
- Docking lines
- Fenders

**Weather**

- Check the weather forecast
- Adjust sails according to the wind

**Leadership & Communication**

- You are in charge. Make sure you exert your authority clearly from the beginning
- Plan the sailing trip according to crew and weather conditions
- Explain all manoeuvres to the crew and carry them out by the help of the crew.
- Explain boat handling and basic sailing theory and practice to the crew
- Communicating clearly
- Taking care of the crew's well being physically and psychologically

**Health and Safety:**

- Life jacket is always worn (required by law)
- Beware of involuntary jibes and place the crew into the cockpit, not on the sides, when sailing at a run.

- Change your course clearly –everyone should see your intentions
- Give way to all commercial traffic
- Port tack (sail on starboard) shall keep clear of starboard tack windward ship shall keep clear of leeward ship

• Take all possible precautions against collisions. Remember that land and moored boats do not yield... As a skipper, you are the sole responsible that crew and ship return safely to the docks. No excuses will be accepted. The club and the ships are insured for damage, but you are liable for any damage to the ship that results out of carelessness and will have to justify you did all within our power to avoid damage and/or injury.

This document allows you to use the Albin Express ships of BSI Seiling, provided that you mark in the calendar when you use the ship before you go out (the earlier the better). For checkout on Bella, you need to have båtfører-prøven or similar and to be given a separate checkout for Bellas. Persons sailing with you should be members. We only allow a single test session before having to pay the membership fee.

Enjoy sailing and make it enjoyable for your crew!

----- Signature of examinee Signature of examiner